


# Back-to-School Resource Menu


## Elementary School

### GoNoodle x Special Olympics

 5-15 minutes


Log in to the Special Olympics Unified Champion Schools® channel Every Body All Together to watch We All Belong, a fun video with an inclusive message, perfect for a brain break!

### Inclusion Tiles F.E.E.L.S

 5-30 minutes

Begin to build strong connections with your students. Use these tiles during morning meetings to see how students are feeling, and why! Use the physical pack or the digital tool.

### Unified Posters

 10-30 minutes


Students color and personalize these printed posters independently or in small groups. They can present to the class then hang around the room to help build an inclusive environment.

### Who Needs a Band-Aid? Exercise

 20-45 minutes

Guide students through this large or small group exercise to help create an environment and understanding of inclusion. All you need are some band-aids!

### Belonging or Not? Lesson


 20-45 minutes

Work together to decide if the people in the pictures are included or excluded and how they might be feeling. Use the questions to discuss what students can do to help others belong.

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## Middle School

### Unified Talks: Make Connections

 5-15 minutes


Comedian Cristela Alonzo and a youth leader share a tip on how to get to know others- a perfect tip for back to school! Play this video during advisory or the start of class.

### Inclusion Tiles F.E.E.L.S

 5-30 minutes


Begin to build strong connections with your students. Use these tiles during advisory to see how students are feeling, and why! Use the physical pack or the digital tool.

### Unified Posters

 10-30 minutes


Students color and personalize these printed posters independently or in small groups. They can present to the class then hang around the school to help build an inclusive environment.

### Belonging or Not? Lesson

 20-45 minutes

Work together to decide if the people in the pictures are included or excluded and how they might be feeling. Use the questions to discuss what students can do to help others belong.

### Would You Rather? Warm-up


 20-45 minutes

Facilitate this discussion-style game to have students learn about their classmates by selecting between 2 scenario cards. Use as a class or club ice breaker.

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## High School

### Unified Talks: Help Others Belong

 5-15 minutes


Students learn that inclusive actions can help others belong and can prevent people from making assumptions. Watch and discuss with your students, or pair with the lesson below.

### Inclusion Tiles

 5-30 minutes


Inclusion Tiles start conversations around meaningful inclusion. Students can play digitally or arrange their own inclusion journey with the physical tiles. Complete an activity from the guide with your class or club.

### Unified Posters

 10-30 minutes


Students color and personalize these printed posters independently or in small groups. They can present to the class then hang around the school to help build an inclusive environment.

### Get to Know You BINGO

 20-30 minutes

Let students mingle and find classmates with shared identities or experiences. Edit the board to represent your students. Use at the start of class or club to build connections.

### Inclusion or Not? Lesson

 20-45 minutes

Students decide if images show inclusion or exclusion. Use the questions to discuss how someone may feel and how people can act inclusive. Complete in large or small groups.