Group Reflection Checklist

Group Name: _____

Project Reflection: _____

Step	Action	Notes
1	Set clear expectations for the group reflection • How will everyone share ideas?	
2	 Reflect on the positives What went well? What made you feel good? What did we accomplish? 	
3	 Reflect on areas of improvement What didn't go well? Where did we struggle? What obstacles did we face? 	

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Special Olympics Unified Champion Schools

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Step	Action	Notes
4	 Reflect on how you handled situations How did you respond to positive moments? How did you react to stressful moments? How did you support one another as a team? 	
5	 Plan for the future What will you do next time? What will stay the same? What will change? 	



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