



# INSIDE INCLUSION: Empowerment Discussion Guide

## Introduction

Watch *Inside Inclusion*, then use this guide to replicate the informational discussion. View all episodes of *Inside Inclusion*, as well as *Unified Talks*, on the [Generation Unified YouTube channel](#). This guide can be utilized in a few ways:

- Use the questions like a worksheet for independent work.
- Have students get into groups or “breakout rooms”. Assign different questions to different groups and have everyone come back and share.
- Have the entire group work through and discuss questions together.
- Use the Accountable Talk stems & Discussion Behaviors as an assessment or self-assessment rubric.

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## College and Career Readiness Anchor Standards for Speaking and Listening

**CCSS.ELA-Literacy.CCRA.SL.1** Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.

**CCSS.ELA-Literacy.CCRA.SL.4** Present information, findings, and supporting evidence such that listeners can follow the line of reasoning and the organization, development, and style are appropriate to task, purpose, and audience.

**CCSS.ELA-Literacy.CCRA.SL.6** Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.

\*[All anchor standards can be found here](#)

**Have you utilized the rest of the Empowerment package?**

Be sure to check out:

- Unified Talks
- Social Media Activities
- Lessons for every grade level

[Access the Unified Classroom here.](#)

[Access GenerationUnified.org for more video content here.](#)

### Accountable Talk Stems

Provide these stems to students to help them have a productive and respectful conversation. You can display them on your screen, or send students a copy to reference.

Agree	Disagree
<ul style="list-style-type: none"> <li>• I agree with _____ because</li> <li>• I would like to add to what _____ said...</li> <li>• I'm glad _____ said this, because _____</li> <li>• I think _____ brings up a great point because...</li> </ul>	<ul style="list-style-type: none"> <li>• I disagree with _____ because</li> <li>• I hear what you are saying, but in my opinion...</li> <li>• That's an interesting perspective. Can you tell me more about it?</li> <li>• I used to think _____, but now _____</li> </ul>
Clarify / Elaborate	Making Connections
<ul style="list-style-type: none"> <li>• _____, can you add on to that idea?</li> <li>• What I heard you say was _____, correct?</li> <li>• I'm not sure what you mean _____. Can you rephrase that?</li> <li>• I agree, but I also think _____</li> </ul>	<ul style="list-style-type: none"> <li>• This reminds me of _____</li> <li>• I had a similar / different experience...</li> <li>• _____, what do you think?</li> </ul>

### Behaviors

Remind students of their actions and behaviors when having a virtual discussion. This can be reviewed before the discussion. You can also have students rate their performance and use these points as a rubric.

Speaker	Listener
<ul style="list-style-type: none"> <li>• Make eye contact with your audience</li> <li>• Speak clearly and slowly</li> <li>• Speak loud enough for all to hear</li> <li>• Stay on topic, use relevant examples</li> <li>• Get to the point</li> <li>• Use language your audience will understand</li> </ul>	<ul style="list-style-type: none"> <li>• Make eye contact with the speaker</li> <li>• Nod and show you are listening</li> <li>• "Mute your mic"- do not interrupt</li> <li>• Use accountable talk to ask questions, give comments, or build upon ideas</li> <li>• Use reactions or the chat box to add your thoughts</li> </ul>

## Helpful Definitions!

**Empowerment:** It can mean to give power, or to inspire and motivate people to do something. It can also be a feeling. When you feel empowered it means you become mentally stronger and more confident in yourself.

### Discussion Questions: Empowerment

#### Upper Level Questions

Who motivates you to be the best version of yourself and why?

Name a time when you felt nervous about trying something new.

Has being involved in Special Olympics made you feel empowered? If so, explain!

What is a strength you have that helps you create change?

Name a time when you were proud of an accomplishment. How did it feel to reach your goal?

### **Lower Level Questions**

What does empowerment mean? What are two synonyms for empowerment?

Who is somebody that makes you feel empowered? How do they motivate you?

What is a positive saying that helps you feel empowered?

What advice would you give to someone if you want them to feel motivated?

When is a time when you would share positive words of encouragement?

## Video Worksheet

1. Who is Kate's inspiration?
2. When was a time that Jackson was nervous? How did he overcome it?
3. How did Special Olympics make James more confident?
4. Name two strengths of the panel members.
  - 1.
  - 2.