

Video Discussion Guide: Inclusion Weekly: Unified Sports

Accompanying video presented by Special Olympics Unified Champion Schools®

THINK FIRST

Before watching, think about some personality traits and characteristics that can be learned through participating in sports.

SMALL GROUP DISCUSSION QUESTIONS (Or fill out on your own)

In your own words, how would you describe Unified Sports?

What are some of the ways that the students from Nashoba High School felt that Unified Sports helped their school culture?



REFLECTION QUESTIONS

Why is it so important for students of all abilities to have the chance to play together on the same playing field?

A STEP FURTHER

What sports would you be interested in seeing become Unified at your school?

WANT TO LEARN MORE?

Are you interested in starting a Unified Sports team at your school? Take a look at ["Unified Sports: A Student's Guide"](#) and share it with a teacher or staff member you feel could support!

