

Video Discussion Guide: Inclusion Weekly: Unified PE

Accompanying video presented by Special Olympics Unified Champion Schools®

THINK FIRST

Think about when you took Physical Education in school. How did it make you feel to be part of the class?

SMALL GROUP DISCUSSION QUESTIONS (Or fill out on your own)

Why is it important for students of all abilities to be able to take their PE class together?

What are some things you observed about the students in the view when they were together in PE?



REFLECTION QUESTIONS

Think about how students in PE have to dress in a PE uniform for class. How do you think this is significant to students with intellectual disabilities?

A STEP FURTHER

What activities would you want to learn in a Unified PE class?

WANT TO LEARN MORE?

Are you interested in having Unified PE at your school? Take a look at the [Unified Physical Education Resource](#) and share it with a PE teacher or staff member you feel could support!

