

Video Discussion Guide: There's Nothing Kate Can't Do

Accompanying video presented by Special Olympics Unified Champion Schools®

THINK FIRST

How can people with intellectual disabilities be included in high schools and in the workplace?

SMALL GROUP DISCUSSION QUESTIONS

(Or fill out on your own)

After watching Kate give a tour of her bedroom, what similarities do you see between you and Kate?

How would you describe Emily and Kate's friendship? What do Emily and Kate do together?

How does this compare to you and your friends? How is Kate able to share her bracelet-making and baking talents with other students? How do other students respond?

REFLECTION QUESTIONS

What can you learn from Kate's story?

How would Kate want to be included like every other teenager and what steps could you take in your own school and community to do this?

A STEP FURTHER

Unfortunately today the unemployment rate among those with intellectual disabilities is more than twice the typical rate.

Why do you think this is the case and what are some steps you can take to make sure people with disabilities are included and their skills are recognized?

WANT TO LEARN MORE?

- Talk to a peer with an intellectual disability about how they would like to get involved with the school, brainstorm some ideas together, and figure out some next steps
- Take a survey of your Unified club and ask what new activity they want to do. Some ideas include: cooking, a new Unified sport, a field day, etc.

