

# Video Discussion Guide: Alamo Heights

Accompanying video presented by Special Olympics Unified Champion Schools®

## THINK

What are some ways in which people of all abilities can be included in leadership?

## SMALL GROUP DISCUSSION QUESTIONS (Or fill out on your own)

How do Noah and Carrie describe their relationships with Conrad and Dominic respectively? What activities do they do together?

Carrie and Dominic serve as co-presidents of their school's Special Olympics Unified Club. What does this inclusive youth leadership look like?

The community values the students at Alamo Heights as "change agents." How can you be an agent of change in your school and community?



## REFLECTION QUESTIONS

The principal of Alamo Heights High School talks about how a change for inclusion is effective when teachers, principals, custodians, etc. are supportive. What are some ways in which you can present inclusion to adults who grew up in a less accepting time?

## A STEP FURTHER

How can you and your classmates lead an inclusion movement by example?

How can inclusion in high school prepare students for the future?

How can a Unified Champion School make better leaders and role models for inclusion outside of high school?

## WANT TO LEARN MORE?

Check out the [How to Host a Youth Rally Guide](#) and plan a pep rally like the one featured to show off Unified to your community

Incorporate an inclusive leadership role into your Unified team or club, for tips look at the [Inclusive Youth Leadership Guide](#)