

## Spread the Word, 2024: Week 1

**Weekly focus:** What does it mean to ‘spread the word’ of inclusion? How can we do it? Jump into Spread the Word month by learning the history of the campaign and encouraging students to spread the word all month long!

<b>March 4</b>	Watch <a href="#">Unified Talks: History of Spread the Word</a> so students learn the history behind the campaign. <b>Time:</b> 9 minutes
<b>March 5</b>	Create Spread the Word posters to hang around the school. Check out the <a href="#">Spread the Word logo</a> for inspiration <b>Time:</b> 10-20 minutes
<b>March 6</b>	Introduce the <a href="#">Spread the Word Bingo Skill Based Exercise</a> . Challenge your students to finish by March 31! <b>Time:</b> 10 minutes
<b>March 7</b>	Play a game of <a href="#">Inclusion Tiles</a> to see where students are in their inclusion journey. They will play again at the end of the month to see how they’ve grown. <b>Time:</b> 10 minutes
<b>March 8</b>	Assign the <a href="#">End the Word: A Timeline</a> lesson to your middle and high school students. <b>Time:</b> 25 minutes

## Spread the Word, 2024: Week 2

**Weekly focus:** Inclusion is more than just a thing or an action. It’s also a feeling! Have students discover the different emotions they, and others, will feel when they practice inclusion.

<b>March 11</b>	Have a watch party for <a href="#">Unified Talks: Inclusive Feelings!</a> <b>Time:</b> 5 minutes
<b>March 12</b>	Pass out the <a href="#">Inclusion Emoji Cards</a> activity. Encourage students to spread inclusion to peers, teachers, and more! <b>Time:</b> 10 minutes
<b>March 13</b>	Continue to work on the <a href="#">Spread the Word Bingo</a> board. <b>Time:</b> 10 minutes
<b>March 14</b>	Work on the <a href="#">It's Good to be Different</a> lesson with your elementary students. <b>Time:</b> 25 minutes
<b>March 15</b>	Take a break and listen to the <a href="#">Spread the Word: Mindfulness Meditation</a> . <b>Time:</b> 5 minutes

## Spread the Word, 2024: Week 3

<b>Weekly focus:</b> Help your students discover how they can start spreading the word of inclusion in their classroom and school.	
<b>March 18</b>	<p>Have a watch party and check out <a href="#">Inside Inclusion 3: Spread the Word</a>.  <b>Time:</b> 8 minutes</p> <p>Facilitate a classroom discussion with the <a href="#">discussion guide</a>.  <b>Time:</b> 20 minute</p>
<b>March 19</b>	<p>Push out the <a href="#">Spread Inclusion with Whole School Engagement</a> lesson to middle and high school students.  <b>Time:</b> 25 minutes</p>
<b>March 20</b>	<p>Continue to work on the <a href="#">Spread the Word Bingo</a> board.  <b>Time:</b> 10 minutes</p>
<b>March 21</b>	<p>Work with your elementary students on the <a href="#">Inclusion Matters</a> lesson.  <b>Time:</b> 25 minutes</p>
<b>March 22</b>	<p>Sign the virtual <a href="#">Spread the Word pledge</a>. Have more time? Create a class or school wide banner for students to sign!  <b>Time:</b> 5 minutes</p>

## Spread the Word, 2024: Week 4

<p><b>Weekly focus:</b> Continue to dive into how your students can become changemakers in their school and in their community. They'll learn to develop the courage needed to be inclusive of others!</p>	
<p><b>March 25</b></p>	<p>Watch <a href="#">Inside Inclusion 2: How can we be changemakers?</a>  <b>Time:</b> 14 minutes</p> <p>Add on a discussion with the <a href="#">discussion guide</a>.  <b>Time:</b> 20 minutes</p>
<p><b>March 26</b></p>	<p>Have students complete the <a href="#">Who is your champion of change?</a> or the <a href="#">How will you spread inclusion</a> Flip™ topics.  <b>Time:</b> 10 minutes</p>
<p><b>March 26</b></p>	<p>It's time to turn in the <a href="#">Spread the Word Bingo</a> board. Have students share what they did and learn.  <b>Time:</b> 10 minutes</p> <p>Have students work in groups to complete the <a href="#">Inclusion Tiles game</a> to see how they've grown!  <b>Time:</b> 10 minutes</p>
<p><b>March 28</b></p>	<p>Have middle and high school students work together on the <a href="#">Social Courage</a> lesson.  <b>Time:</b> 25 minutes</p> <p>Listen to <a href="#">"Do Unto Otters"</a> from Special Olympics Indiana with your elementary students. Discuss the questions.  <b>Time:</b> 10 minutes</p>
<p><b>March 29</b></p>	<p>Watch <a href="#">Unified Talks: Spread the Word Worldwide</a>.  <b>Time:</b> 7 minutes</p>

## Additional Support

**Looking for something else?** Below are some additional resources. Swap with resources above, or keep the learning going into April!

Work on [The Golden Rule](#) lesson with Elementary students in ELA class.

**Time:** 25 minutes

Assign the [Take Action to Spread the Word](#) lesson and activity to high and middle school students.

**Time:** 25 minutes

Assign [this lesson](#) and ask middle school students to learn about Implicit Bias.

**Time:** 25 minutes